

# **DEPARTMENT OF PSYCHIATRY AT MMC**

## **INTRODUCTION:**

Department of Psychiatry started in 2006 as an undergraduate department and was later granted Post-graduation (PG MD) by Medical Council of India. It is also approved by National Medical Council (NMC) India.

Post-Graduate seats offer training in psychiatry and finally grants MD certificate under the flagship of Chaudhary Charan Singh University, Meerut.

Department of Psychiatry has two operational wings, IPD (inpatient department) and OP (outpatient department). IPD is 30 bedded and is providing patients' quality care, treatment, and research. It has 6 specialty clinics such as geriatric, pediatric, adult, DE addiction, forensic, and psychotherapy departments.

## **HEAD OF DEPARTMENT**



### **Dr. Gautam Anand**

#### **Professor and Head of Department, Psychiatry**

Dr. Gautam Anand is an MBBS, MD in Psychiatry from . He has been awarded a gold medal for his academic excellence during MBBS. He has also been nominated for the international fellow of the American Association of psychiatry. He published more than twenty original papers in international journals and presented several papers in international and national conferences. He is an eminent author of two books from international publications in eight languages. He is a critical reviewer of international journals and a board member of journals. He has participated in WHO ICDE - 11 field studies. As being a professor, he is an excellent teacher, mentor, physician, guide and speaker.

## **VISION OF THE DEPARTMENT:**

We aim to achieve a high level of excellence in patient's quality care, mental health and academic research.

## **MISSION OF THE DEPARTMENT:**

Department of Psychiatry is committed to providing quality mental care to the patients and maintains a high degree of integration among clinical and academic research.

It is also bounded to reduce stigma, fill gaps between resource providers & beneficiaries in the community.

## **FACILITIES AND EQUIPMENTS:**

Department of Psychiatry is occupied by 30 beds distributed amongst adults and children. It is equipped with a biofeedback machine, EEG, Epilepsy & organic mental health clinic and stress clinic, thin layer chromatography for assessing blood drug levels for alcoholics' and -ECT machine with ventilator supports for acute & chronic management of psychosis and resistant depression. It also has psychometric laboratory assessing severity & diagnosing mental illness. Department of Psychiatry has a collaborative approach to diagnose mental disorders, psychomotor disorders with other departments like radiology, ophthalmology medicine, and others.

## **SUB SPECIALTIES:**

Department of psychiatry has following sub specialties.

- Child Psychiatry
- Geriatric Psychiatry
- Adult Psychiatry
- Addiction Psychiatry
- Psychotherapy
- Organic Psychiatry (Epilepsy & Headache)
- Forensic Psychiatry

## **COURSES:**

Department of Psychiatry is a post-graduate department of Muzaffarnagar Medical College that offers post-graduate programme in MD Psychiatry.

It has an intake of three seats per year and also offers 15 days internship programme as well as a post-graduate residency programme.

## **ACADEMICS ACTIVITIES:**

- Weekly Seminars
- Journal Clubs
- Case Discussions
- CME
- Guest Lecture
- Symposium and seminars

## **PREPARATION FOR THE THIRD WAVE:**

It is presumed that the 3<sup>rd</sup> wave of Covid-19 is coming soon. We learned the lesson from the 2<sup>nd</sup> wave of Covid-19. We are ready to deal with post-Covid-19 mental health consequences and providing immediate help to needy people. We are also ready to offer our services telephonically, on social media, and through the web.